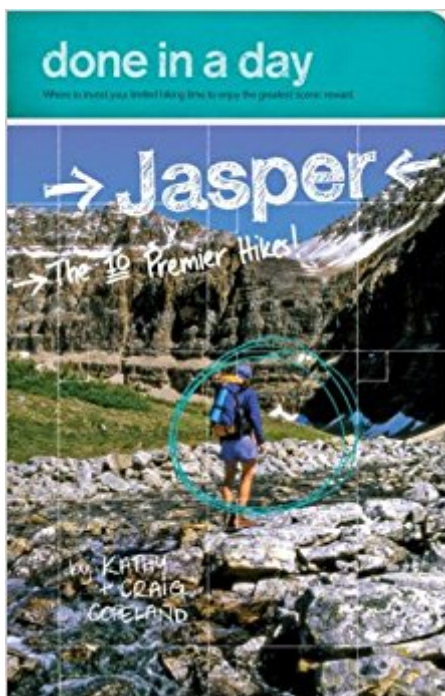


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# Done In A Day Jasper: The 10 Premier Hikes



## Synopsis

In the midst of sprawling, feral, Jasper National Park is a unique town of the same name. Jasper still has the look, the feel, indeed the substance of a frontier outpost. Yes, there are restaurants, hotels, shops, and everything else travelers need. And what Jasper doesn't have you won't miss. You'll be grateful it's not there. No glitz. No hype. No buzz. Jasper has foresworn the growth at any cost mentality that afflicts most of North America. It has peace and authenticity, which are deeply endearing to visitors in search of the genuine Canadian Rockies. Done in a Day Jasper describes where to invest your limited hiking time to enjoy the greatest scenic reward. Choose an easy, vigorous, or challenging hike. Start your adventure within a short drive of town. Witness the wonder of Jasper National Park and be back for a great great meal, and soft bed. Jasper is four hours drive north from Banff town, along the spectacular Icefields Parkway.

## Book Information

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## Customer Reviews

Kathy and Craig are dedicated to each other, and to hiking, in that order. Their second date was a 32-km (20-mile) dayhike in Arizona. Since then they haven't stopped for long. They've trekked through much of the world's vertical topography, including Nepalese Himalaya, Patagonian Andes, and New Zealand Alps. In Europe, they've hiked the Scottish Highlands, Spain's Costa Blanca and Els Ports mountains, Mallorca's Serra de Tramuntana, the Alpes Maritimes, the French, Swiss, and Italian Alps, the French and Spanish Pyrenees, and Italy's Dolomiti. In North America, they've explored the B.C. Coast, Selkirk and Purcell ranges, Montana's Beartooth Wilderness, Wyoming's

Grand Tetons, the Colorado Rockies, the California Sierra, and Arizona's Superstition Wilderness and Grand Canyon. Visit Kathy and Craig's website: [hikingcamping.com](http://hikingcamping.com). You'll find their blog posts are often mini-guidebooks, and their photo gallery is constantly growing. In 1989, they moved from the U.S. to Canada, so they could live near the range that inspired the first of their refreshingly unconventional books: *Don't Waste Your Time in the Canadian Rockies*, *The Opinionated Hiking Guide*. Its popularity encouraged them to abandon their careers Kathy as an ESL teacher, Craig as an ad-agency creative director and start their own guidebook publishing company: [hikingcamping.com](http://hikingcamping.com). Kathy and Craig live in Canmore, Alberta, 15 minutes' drive from Banff town. Their desire to hike, however, keeps them travelling constantly. They now migrate annually to southern Utah, where they wrote *Hiking From Here To Wow: Utah Canyon Country*.

Disclosure: I'm a big fan of Jasper National Park and have had a long-running travel blog (Jasper Journal) about it. I wrote a longer review about this book on my blog. I bought this book with the intention of doing more day hiking when returning to Jasper again this year. I wish I had this book on my last trip. In "Done in a Day Jasper: The 10 Premier Hikes" you'll find a passionately written, easily portable book containing just the right amount of details to make your Jasper National Park day hiking experience one of a kind. The authors have written several books on hiking and really know their stuff. Pros: \* Detailed info about each hike along with advice from authors who are expert hikers \* Good introduction to Jasper National park and hiking in general \* Small, portable size \* Inspirational pictures from Jasper hikes \* Worth the price \* The publishing company, run by the authors, is a member of "1% for the Planet", a business that donates 1% of their sales to the natural environment. I like that. Cons: \* None This book will get you to the views of a lifetime in Jasper National Park.

This book contains good advice for packing and good descriptions of the hikes. It is small and light enough to fit into a pocket.

I am an avid hiker of many decades and own a library of hiking books. Most hikes have blurred into the generic boot-beaten trail through a green tunnel of trees until some point of interest. The memorable hikes are those that stretch me. That is what I value in Kathy and Craig Copeland's books. Each hike they describe has graduated options for stretch goals that challenge you into testing how much further your body can go, or seeing if you can find a route beyond the end of a maintained trail. Of course, they pick the routes that offer the most scenic rewards for those willing

to take on the challenges. But for me, the internal rewards are just as gratifying and far more memorable. During a recent two week hiking vacation in Banff and Jasper, I carried "Done in a Day Jasper" and "Done in a Day Banff." Both books helped me experience some of the high points of my hiking career.

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